

LIFEGUARDS-SUBSTANCE ABUSE GUIDELINES OF DUBAI MUNICIPALITY

Prior to granting Certification DRASSA will ensure that the candidate has understood the below mentioned guidelines

- a) It is the policy of Dubai Municipality that lifeguards shall not use prescribed or over-the counter substances that would impair their ability to perform their duties safely.
- b) This includes illegal drugs, controlled substances (including trace amounts), look-alike drugs, designer drugs, or any other substance that may have an effect on the human body of being a narcotic, depressant, stimulant, or hallucinogen.
- c) An exception to this rule is that a lifeguard may use such a substance or drug if a licensed medical practitioner who is familiar with the lifeguard medical history and all assigned duties, and who has advised the lifeguard the prescribed substance prescribes it will not adversely affect his ability to carry on his duties safely.